



# Kingsley House

Founded 1896

Educates children, strengthens families, and builds communities.

## Early Learning Services

### Parents Monthly Newsletter



## May 2022



- ❖ **Teachers' & Nurses Appreciation Week**  
May 2-6, 2022
- ❖ **Cinco De Mayo**  
May 5, 2022
- ❖ **Lemonade Day**  
May 6, 2022
- † **Mother's Day Activity**  
May 6, 2022
- ❖ **Parent Meeting**  
**Will be held in person.**  
May 18, 2022 @ 11:00 am  
(Flyer will be sent to families)
- ❖ **Coffee Connect**  
(Flyer will be sent to families)
- ❖ **Male Engagement**  
May 18, 2022 @ 6:00-6:45 pm  
[www.zoom.us/join](http://www.zoom.us/join)  
[Meeting ID: 82112070774](https://meetingid.com/82112070774)  
Password: 986636
- ❖ **Head Start Spirit Week**  
May 16- 18, 2022
- ❖ **World Day Culture**  
May 20, 2022
- No School**
- ❖ May 19 & 20, 2022 PD
- ❖ May 30, 2022, Memorial Day

**Pre-K4 Transition Students**  
**Classes 103, 104, 105 and 106**  
**Splashing Out Of School**  
Every Friday beginning  
May 13, - June 10, 2022

**Cap and Gown Pictures**  
Friday, May 6, 2022

**Please see flyers for more information.**

**MAY 2-6, 2022**  
*Teacher Appreciation Week*

**LET'S CELEBRATE THE STARS OF KINGSLEY HOUSE**

MAY 2, 2022 | I'M A "FAN" DAY  
SEND YOUR TEACHER SOME FAN MAIL. TELL WHY THEY ARE A STAR!

MAY 3, 2022 | OSCAR "WORTHY" TREATS  
POP IN AND GIVE YOUR TEACHER SOME TREATS

MAY 4, 2022 | "TREAT YOU LIKE A STAR"  
PAMPER YOUR TEACHER WITH SOMETHING THEY CAN RELAX WITH (CANDLES, LOTIONS, ETC.)

MAY 5, 2022 | "CURTAIN CALL"  
GIVE YOUR SUPER STAR TEACHER SOME FLOWERS

MAY 6, 2022 | THE "STAR YOU ARE"  
BRING A SPECIAL GIFT FOR YOUR TEACHER

### Head Start Spirit Week

May 16- 18, 2022

<b>MONDAY</b> 5/16/22  <b>FUTURE CAREER DAY</b> Dress up in your future career attire.	<b>TUESDAY</b> 5/17/22  <b>DECADES THEME</b> Wear your 70s, 80s, or 90s attire.
<b>WEDNESDAY</b> 5/18/22  <b>HAPPY 57TH BIRTHDAY HEAD START</b> Wear your red, white, and blue or a birthday crown to celebrate.	

## Reminders:

### ADSYSTECH:



### visit the Parent Portal:

<https://www.kingsleyhouse.org/parent-portal/>

### Health Tip

Parents did you know more than 39 percent of American adults have obesity? Excess weight may lead to heart disease, kidney disease, and other chronic health problems. Setting goals to improve your health may help lower the chances of developing weight related health problems.

## FIGHT SEASONAL ALLERGIES

DID YOU KNOW THAT RESPIRATORY ALLERGIES AFFECT MORE THAN 6 MILLION CHILDREN IN THE U.S.?



### 8 TIPS TO MINIMIZE ALLERGY SYMPTOMS

